



Kimberly Cockerham, MD, FACS
Oculofacial Plastic Surgery
Eyelid & Orbital Oncology
Thyroid Eye Disease
Neuro-Ophthalmology

Patient Name: _____ DOB: _____

Surgical Procedure: _____
☐ Right Eye ☐ Left Eye ☐ Both Eyes

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INFORMED CONSENT FOR PUNCTOPLASTY, PROBE, DILATE and STENT PLACEMENT (PPDS) ("Tear drainage surgery to unplug your tear pipes")

WHAT CAUSES THE NEED FOR SURGERY?

Because of age, injury, or chronic sinus disease, the bony tunnel that drains tears from the eye into the nose can become blocked. Tears may then back up and run down the cheeks and, in some cases, an infection can develop underneath the skin between the eye and the nose ("dacryocystitis"). Many patients complain also of a gooey discharge and eye irritation. The goal of surgery is to eliminate tearing, discharge, and irritation, and reduce the risk of infection.

HOW IS SURGERY PERFORMED?

Your tear "holes" (puncta) and tear "pipe" are opened with a scissors and a dilator. Once your "pipes" (your canaliculi, lacrimal sac and nasolacrimal duct) are opened, a plastic plug is placed to keep the "pipes" open while they are healing. This tube is removed in the office several weeks after surgery.

HOW WILL SURGERY AFFECT MY VISION OR APPEARANCE?

Opening your tear drainage system will help minimize tearing and mucous but NOT UNTIL THE TEAR PLUG (stent) is removed.

WHAT ARE THE ALTERNATIVES?

You may decide to live with the tearing, discharge, and irritation that a blocked tear duct can cause. However, if you have had an infection, your doctor will advise surgery to prevent future infections, since these can, in rare circumstances, lead to vision loss.



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Please initial each of the following to document you have read this carefully.

WHAT YOU SHOULD EXPECT AFTER SURGERY:

- ☐ Itching and bruising for at least two weeks
- ☐ Swelling for 2-3 months
- ☐ Tearing and irritation until the “plug” is removed
- ☐ Inability to wear contact lenses for at least two weeks

WHAT ARE THE RISKS OF SURGERY?

- ☐ The stent may fall out earlier than is ideal
- ☐ Minor bleeding
- ☐ Infection
- ☐ Failure to keep the “pipes” open with recurrent tearing or infection
- ☐ The need for additional surgery that is more complex (DCR)

- You may need additional treatment or surgery to treat these complications, the cost of the additional treatment or surgery is NOT included in the fee for this surgery.
- Due to individual differences in anatomy, response to surgery, and wound healing, no guarantees can be made as to your final result.
- For some patients, delayed healing or failure of the surgical procedure may lead to anger, anxiety, depression, or other emotional reactions.

I have:

- ☐ Received a copy of this consent
- ☐ Had all my questions answered

This is an elective procedure - you do not have to proceed with surgery unless you feel comfortable with the healing process and the possible risks.

By signing below, I am confirming that **Dr. Kimberly Cockerham** has answered all of my questions and that I understand and accept the risks and the costs associated with this surgery and future treatments.

Patient Signature: _____ Date: _____ Time: _____

Witness Signature: _____

Physician Signature: _____ Date: _____